



BREAKS & INJURIES

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Policy

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BREAK	WHEN AVAILABLE	MAX TIME PERMITTED	MAX NUMBER PERMITTED	PERMISSION REQUIRED
During Play	Between Points	25 seconds	N/A	No
During Play	Between games when a change of end is required (except after the first game of each set and during a tiebreak).	90 seconds	N/A	No
During Play	Between Sets	120 seconds	N/A	No
Toilet Break	As necessary and between sets and change of ends	Reasonable amount of time	1 per match in singles. 2 per team in doubles. Allowed before Match Tiebreak.	Yes Permission may be given for additional breaks
Medical timeout (not for Non-Treatable Conditions or cramping)	Acute condition: at any time Non-acute condition: in the 90 second or 120 second breaks in play	Three minutes (starting after evaluation completed)	One per distinct condition per set. All clinical manifestations of heat illness are categorized as a single treatable medical condition. All treatable musculoskeletal injuries within a kinetic chain continuum are classified as a single treatable medical condition.	Yes
Muscle Cramping	Only during the time allotted for change of ends and/or set breaks.	Times as stated above for change of ends / set breaks	N/A	No
Blood Rule Break	At any time	Up to 5 minutes	N/A	Yes

